

<u>OTHER DRINKS</u>	12 oz.	16 oz.
Chai Tea Latte- Hot or Iced	\$4.00	\$4.50
Ice Tea	-	\$2.00
Fresh Squeezed Lemonade	-	\$3.00
Arnold Palmer	-	\$3.00
Hot Chocolate	\$2.75	\$3.25
Chocolate Milk	\$2.75	\$3.25
Bottled Water	\$1.50	
Bai	\$2.50	
La Croix	\$1.15	
Coconut Water	\$2.00	

LUNCH/DINNER

PERFECT PLATE SIGNATURE MEALS-SEE REFRIGERATOR \$7.75-\$10

Paninis- Served with a Pickle & Chips or Fruit

The Perfect Pesto \$7.99 - All-Natural Turkey, Mozzarella Cheese, Basil Pesto, Sliced Tomato, Sliced Onion, and Spinach

The Balsamic \$7.99 - All-Natural Ham, Cheddar Cheese, House Made Honey Balsamic, Sliced Tomato, and Spinach

- Add a side of fruit- \$1.25



This week:
Open 8AM-6PM,
Monday-Thursday
8AM-9PM Friday
(For Final Friday Event)

BREAKFAST- Served til' 10:30AM

Protein Pancakes

- Small \$5.50 – 2 pancakes, 1 hard-boiled egg, strawberries, and syrup
- Large \$6.75- 3 pancakes, 2 hard-boiled eggs, strawberries, and syrup

Extra homemade coconut syrup- \$0.50

Breakfast Quesadillas served with salsa & sour cream- \$6.75

Sausage & Peppers

2 scrambled eggs, pork breakfast sausage, caramelized onions, sautéed bell peppers with jalapeno and cilantro, cheddar cheese

Bacon, Egg, and Cheese

2 scrambled eggs, bacon, caramelized onions, and cheddar cheese

Eat Your Veggies-

2 scrambled eggs, all-natural ham, spinach, broccoli, onion, and cheddar cheese

BYO- Build your own!

2 scrambled eggs, 1 protein, 2 veggies, and cheddar cheese

Choose one- Sausage, Ham, or Bacon

Choose two- Caramelized onions, bell peppers (with jalapeno and cilantro), spinach, broccoli

Add extra meat, eggs, or a side of fruit- \$1.25 each

DRINKS

FRESH BREWED COFFEE

	12 oz.	16 oz.	20 oz.
Medium Roast	\$1.85	\$2.20	\$2.50

ESPRESSO DRINKS

Latte	\$3.50	\$4.00
Flavored Latte- Hot or Iced	\$4.00	\$4.50
Cappuccino	\$3.00	\$3.50
Mocha- Hot or Iced	\$4.00	\$4.50
Americano	\$2.50	\$3.00

- Espresso and hot water

Shot in the Dark \$3.00

- Espresso and coffee

Cortado- \$3.00

- Single shot espresso and 2 oz. steamed milk

Espresso - Single- \$2 / Double-\$3 /Triple- \$4

- Hot or Iced

Add ons-

Almond Milk- \$0.50

Extra pump of syrup- \$0.50

Extra shot of espresso- \$1.00

Oatmeal Bar

served with brown sugar, cinnamon, and 2 toppings- \$4.25

Toppings- (DF -) / Free)

- Toasted Almonds (DF)
- Raisins (DF)
- Cranberries (DF)
- Fresh Strawberries (DF)
- Chocolate Chips (DF)
- Milk (DF)
- Almond Milk (DF)

Add a topping-\$0.75

Add 2 hard-boiled eggs for a protein packed breakfast- \$2.00

Fruit, Yogurt, and Granola Parfaits- \$4.50

PASTRIES

Gluten Free & Vegan from NiceBites Bakery

See case for available selection- \$2.35- \$3.25